Learning and Engagement Opportunities (L.E.O.) Programming Model

It’s all about connections
Providing Learning and Engagement Opportunities through:

- Resident 1:1 conversations
- Themed programming
- Collaborative programming
Resident 1:1 Conversations

- Based on the Reflective Engagement Model
  - Emphasis on getting resident to reflect on their thinking
  - Learning is less about memorization and more about understanding relationships and structure first
  - Focus is on **process** instead of **content**
- Challenges us to shift our thinking:
  - From promoting learning to facilitating learning
  - From “Policy Enforcer” & “Programmer” to “Educator & Mentor”
  - From teaching what to think to how to think
Resident 1:1 Conversations

- CAs are required to meet with all residents 3 times per semester for about 30 min each.
- Each conversation has a theme and guided questions.
- The objective is to help residents establish their own goals and help provide resources to help them accomplish those goals.
- After each meeting a short summary needs to be emailed to the RD of the area.
RESIDENT 1:1 CONVERSATIONS

- Conversation themes for Fall
  - Life Transitions
  - Academic Goal Setting
  - Meaningful Connections

- Conversation themes for Spring
  - Academic Goal Review & Setting
  - Multicultural Perspectives
  - Planning for Transitions
**Resident 1:1 Conversations**

- First you need to build rapport
  - This is where connecting to the resident happens!
- Utilize Motivational Interviewing techniques
- Listen more than you talk
  - Listen, clarify & summarize
- Help set SMART goals
  - Specific
  - Measurable
  - Attainable
  - Realistic
  - Time Sensitive
**Resident 1:1 Conversations**

- During and after goal setting help resident by
  - Focusing
  - Referring
- This is where connecting to others happens!
- Next help set the resident into action
  - Problem solving
  - Decision making
  - Reinforcing
Hi Cory,

I met with Diana O’Brien of Pinon A316 today from 3-3:35. She is transitioning well; she is going through sorority recruitment and is excited about that. She likes her classes but is struggling with Math; I referred her to the Math Center. She mentioned that she and her roommate have been arguing about cleaning so I suggested a cleaning schedule; I told her I would follow up later in the month. She’s from Albuquerque and her older sister is also here at NMSU; she plans to go home in October.
Hi Cory,

Today I met with Sheri Jameson of Pinon A301 from 7:30-8:15 pm. She seems to be struggling with her transition. Her roommate, Jazmine, was her best friend from high school and they are no longer getting along. Sheri feels that Jazmine parties too much and Sheri feels left out. She hasn’t made any friends and she rarely leaves her room. She says classes are going ok but is she is thinking about moving back to Arizona because she feels really alone. I talked to her about Club Rush and said I would get a group together to go and check it out. She mentioned that she used to be really involved in her youth group so I talked to her about the Interfaith Council.
L.E.O. Programming Model

- Resident 1:1 Conversations
- Themed programming
  - Student committees
  - RHA
  - Hall & Community Council
  - NRHH
- Collaborative programming
  - Taking residents to scheduled events & activities
  - Advertising scheduled programs on campus